

Healing Bridge



PHYSICAL THERAPY

*Cross the Bridge to Better
Health & Wellness*

*"And forget not that the
earth delights to feel your
bare feet and the winds
long to play with your
hair."*

- Kahlil Gibran-



I have been active outdoors for most of my life. Along with that, I've had diverse injuries.

Learning about the body from various models of healing has helped me take care of myself.

I love being a physical therapy assistant and sharing that knowledge with others to help people learn how to support and nurture their own body.

Stacie Battley BA, PTA

Educating You to Better Health

My goal is to help you to increase your own understanding of your body so you are better able to help heal yourself. I am here to educate and give you the tools you need to promote healing and recovery. Patient education is a priority for me. I use a variety of treatment methods, based on each patient's individual needs. I have been studying the human body and providing body work and therapy for over 10 years. My background in manual therapy and exercise allow me to provide these as an emphasis in your therapy.

I am happy to be working at Healing Bridge with such a knowledgeable, passionate, and warm-hearted group of people. We have a wonderful facility which enables us to individualize your therapy. I feel very fortunate to have ample treatment time scheduled in order to address all of your needs.

I enjoy learning new ideas to help with your healing, through continuing education and from colleagues.

Recent continued education has included:

- Lumbopelvic Region
- The Shoulder Complex
- Deep Tissue Structural Integration
- Pre/Post Natal Massage
- McKenzie Method Parts A & B
- Aquatic therapy
- Core Stabilization
- Feldenkrais/Pilates course
- Core strengthening and movement a multidisciplinary approach

Associate of Applied Science: Physical Therapy Assistant, Community College of Southern Nevada, Las Vegas, NV

Bachelor of Arts: Biology, University of CA at Santa Cruz

Certification of Massage Therapy: Phillips School of Massage, Nevada City, CA

I moved to Bend because of the wonderful community and multitude of recreational opportunities. I love to hike, climb, ski, kayak, camp, and backpack, and enjoy the outdoors whenever possible.

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