

Healing Bridge



PHYSICAL THERAPY

*Cross the Bridge to Better
Health & Wellness*

*"Medicine is not only
a science, but also the
art of letting our own
individuality interact
with the individuality
of the patient."*

- Albert Schweitzer -



541.318.7041

FAX 541.388.3711

404 NE Penn, Bend, OR 97701
www.HealingBridge.com
pt@healingbridge.com



Allison Suran Founder BS, PT, GCFP

Getting to know you is my first priority

My goal is to honor your individuality and recognize that your problems are unique to you. Understanding who you are, I can customize leading-edge treatments to teach you about your body. By learning how your body and mind are connected, you can use your whole self for a more complete and permanent recovery.

A passion for the profession

I have always had a passion for physical therapy. I often tell people I don't know whether physical therapy was made for me, or I was made for the profession, because I love everything about it. I enjoy taking educational courses to further my knowledge of healing techniques.

My greatest interest continues to be in the **Feldenkrais Method®**, and my additional training includes:

- The Mckenzie Method for assessment of the spine (back and neck) and joints
- Myofascial Release Technique
- Craniosacral Therapy
- Positional Release Technique
- Orthopedic training for treatment of all extremities: shoulder, elbow, hip, knee, ankle, foot
- Myofascial Mapping for Integrative Diagnosis
- Medical Screening to Treat Patients Without a Physician's Referral
- Extensive experience and training in chronic pain conditions

Bachelor of Science: Physical Therapy, Univ. of Puget Sound, Tacoma, WA

Guild Certified Feldenkrais® Practitioner: Movement Studies Institute, Oregon Professional Training Program

Certified Spiritual Director: Sacred Art of Living Center, Bend, OR

Memberships: American Physical Therapy Assc., Oregon Physical Therapy Assc., International Feldenkrais® Assc., International Assc. of Healthcare Practitioners, Spiritual Directors International, Bend Chamber of Commerce, Network of Entrepreneurial Women, Clinician's Network, Toastmasters. Current President of local Highnooners club 2005-2006.

I was born and raised in Portland, Oregon. When not working, I enjoy spending time with my husband and two children. I also enjoy staying active in the beautiful Central Oregon outdoors.